

Meghalaya 7 days and 6 nights Itinerary - Shillong, Mawlongbna, Cherrapunji, Nongriat, Shnongpdeng, Krangsuri

Day 01: Arrival at Shillong (Guwahati – Shillong: 110km)

Itinerary:

- Your transport will pick you up from Guwahati airport and transport you to Shillong.
- On arrival check in to your residence.
- If there is enough daylight and if you are up for it, you can head out and explore Shillong.
- Dinner at the residence.

Day 02: Explore Shillong, East Khasi Hills

Highlights: Use the day for exploring the local Shillong town and the popular sites near Shillong. Elephant falls is a dramatic, multi-tiered waterfall in a picturesque surrounding, with an easy walking trail and stairs. Head to the peak of Shillong for a majestic view of the capital after which you can visit the Air Force Museum, a great place to get knowledge about the country's defence forces, mainly the Indian Air Force, brave flying warriors and defence history, that displays uniforms worn by the air force pilots, missiles, rockets and miniature models of air-crafts.

Itinerary:

- Breakfast at the residence
- Use the day to explore Shillong town.
- Try Cafe Shillong for lunch.
- Ride to Elephant falls, Shillong Peak and Air Force Museum.
- Dinner at the residence
- Rest for the night.

Day 03: Day trip to Mawlongbna, East Khasi Hills (Shillong – Mawlongbna: 79 km)

Highlights: Use the day to explore Mawlongbna, the Traveller's Nest. Indulge in some adventurous activities such as canyoning, swimming, kayaking and zip lining, which are famous at this venue. A short- guided walk to the west of the area where the fossils are found, takes you unsuspectingly into a land where legend and folklore come alive.

Itinerary:

- Relaxed breakfast at your residence and head to Mawlongbna for a day of canyoning.
- Knowledge of swimming is not required for canyoning as you will be wearing life vests.
- If you are not keen on canyoning, then you can sit by the lake side and read a book.
- You can even try your hand at kayaking and zip lining at this venue.
- Have lunch at the village and then head back to Shillong.
- Spend the rest of the evening at Heritage Club for drinks.
- Dinner at your residence.

Day 04: Explore to Cherrapunjee, East Khasi Hills (Shillong – Cherrapunjee: 54 km)

Highlights: Spend the day exploring all that Cherrapunjee has to offer.

Cherrapunjee is famous for many waterfalls and caves, also owning Nokhalikai Falls which is the highest waterfall in India and 5th highest in the world.

Utilize the day for visiting breathtakingly beautiful and serene landscapes of Cherrapunjee.

Itinerary:

- Breakfast at the residence check out and head to Cherrapunjee.
- On your way to Cherrapunjee, you can stop at Mawkdawk which is the halfway point for a tea break. If you are interested in zip lining, Mawkdawk has some very long lines that you could try.
- Explore the many waterfalls and caves in Cherrapunjee like the Seven Sisters Falls also known as Nohsnghiang Falls which form a seven segmented waterfall, Thangkharang Park, Mawsmai falls.
- Stop for lunch at a local restaurant or try Orange Cafe.
- Post lunch, head to Nokhalikai Falls, Mawsynram, Mawsmai cave and garden of caves if time permits. (Although caves are possible if only it hasn't been raining.)
- Dinner at your residence.

Day 05: Day trip to Nongriat, East Khasi Hills (Cherrapunjee – Nongriat: 20 km)

Highlights: Utilize the day by going on a hike to Jingkieng Nongriat, famously known as Double Decker Living Root Bridge, which was formed out of the living roots of a tree that have been carefully guided across a river and is 180 years old.

Itinerary:

- Early breakfast at your residence and head to Nongriat.
- Spend the day exploring the Living Root Bridge nearby.
- Today will be a long day, but the views are very scenic.
- Dinner at residence.

Day 06: Day trip to Shnongpdeng and Krangsuri (Cherrapunjee – Shnongpdeng: 92 km – Krangsuri: 30km - Shillong: 91km)

Highlights: Shnongpdeng is the place where you see the border line of Bangladesh and India.

The water of the river is absolutely crystal-clear and can see the bottom of the river. You can spend half of the day boating, snorkelling, zip lining and kayaking at Shnongpdeng.

Spend half of the day at Krangsuri Falls, one of the most beautiful waterfalls in the district. You will get to see as the water drops in multiple streams, the falling stream breaks into water droplets forming a blue pool at the base. The crystal-clear blue water mass adds to its beauty. Over and above, you may notice a rainbow forming on the water droplets before they plunge onto the 'blue'.

Itinerary:

- Have an early breakfast at the residence check out and head out for a day of snorkeling, zip lining and kayaking at Shnongpdeng.
- Have lunch at the village and head to Krangsuri falls.
- Head to Shillong.
- Dinner at your residence.

Day 07: Departure

- Have breakfast at your residence and leave for Guwahati Airport. [You will need to be on the road 4 hrs before your flight]
- On the way down to Guwahati stop at Nongpoh for a coffee and also to pick up some last-minute stuff.
- Have a great flight back!